

# STRONG RIVER CAMP & FARM

One Week Sessions

## What to Bring

- ☐ 5 Shirts
- ☐ 5 Shorts
- ☐ 1 Jeans/Pants
- ☐ 1 White Shirt
- ☐ 1 White Shorts
- ☐ 10 Pairs Socks
- ☐ 2 Sleepwear
- ☐ 2 Bathing Suits
- ☐ 1 raincoat/poncho
- ☐ underwear
- ☐ toiletries
- ☐ laundry bag
- ☐ sheets, pillow
- ☐ blanket/sleeping bag
- ☐ 4 Towels
- ☐ 2 pair tennis shoes
- ☐ 1 pair river shoes
- ☐ Boat Cushion or stadium seat
- ☐ Lifejacket
- ☐ 1 cup and plate
- ☐ 1 bandanna
- ☐ 1 33 gal Garbage Bag

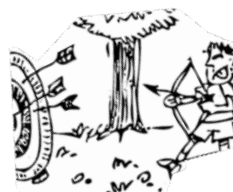
## Optional

- ☐ Tennis Racquet/Balls
- ☐ Fishing Equipment
- ☐ Riding Boots/Hat
- ☐ Flashlight & batteries
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Camera (name-tagged)
- ☐ Stamped Postcards
- ☐ Band-aids
- ☐ Battery Powered Fan

## What Not to Bring

- X Watches
- X Plastic Drawers or shelves
- X Tablets/iPads
- X Music Players
- X Plug in Fans
- X Knives
- X Expensive Jewelry
- X Cell Phones
- X Computers

Your name should be clearly marked  
on all items brought to camp!



## Helpful Hints



**FOOTLOCKER:** Be sure your trunk is not more than 15 ½ inches high so it will fit under your bed. You may also use duffel bags or a suitcase if you prefer. Please do NOT bring plastic drawers or furniture.

**RIVER SHOES:** River Shoes need to be old tie-on or strap-on shoes which you do not mind wearing in the river. Chaco and Teva sandals are great if they fit snugly enough not to come off in the river. Flip-flops and Crocs are NOT good river shoes.

**BEDWETTING:** All camps with 7 – 12 year old children realize this possibility. Our staff is trained to deal with this situation. If you anticipate this please bring a plastic sheet and extra linens. Please tell your camper to ask their counselor for assistance in discreetly changing their linens if the need arises.

**CUP AND PLATE:** The Cup and Plate should be washable and are used for outdoor picnics. The bandanna is used as a napkin for outdoor meals. Please do not bring paper products as this defeats the purpose of learning the lessons of environmental awareness and taking care of essential equipment.

**RACQUETS, FISHING, & HELMETS:** Camp has tennis racquets, fishing poles, and riding helmets but you are welcome to bring your own (with your name on it) if you prefer.

**WHITE SHIRT AND SHORTS:** The white shirt and white shorts on the what-to-bring list are for the final evening banquet. Light khaki shorts or pants are also acceptable attire for the banquet.

**MEDICATIONS:** All medications, in original containers, must be turned in to the camp medical staff upon arrival. No medications, other than asthma inhalers, may be kept in the cabin.

**NO PACKAGES:** Campers may only receive letters. Please share this information with grandparents as well. Letters may be left at camp on Sunday for delivery during the week.

**MAIL:** Your camper's mailing address at camp is:

Camper's name  
125 Strong River Camp Drive  
Pinola, MS 39149

