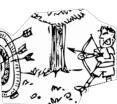
STRONG RIVER CAMP 8

What to Bring **Optional 5** Shirts 5 Shorts 2 Jeans/Pants 1 White Shirt 1 White Shorts 10 Pairs Socks 2 Sleepwear **2** Bathing Suits 1 raincoat/poncho underwear toiletries П laundry bag sheets, pillow blanket/sleeping bag 4 Towels П 2 pair tennis shoes 1 pair river shoes **Boat Cushion** П Lifejacket X Knives 1 cup and plate 1 bandanna 1 33 gal Garbage Bag X Cell Phones

- Tennis Racquet/Balls **Fishing Equipment Riding Boots/Hat** Flashlight & batteries Insect repellent Sunscreen Camera (name-tagged) Stamped Postcards Band-aids **Battery Powered Fan** What Not to Bring X Watches X Digital Book Readers X Music Players X Plug in Fans X Expensive Jewelry
- clearly marked name should be
- all items brought to camp! on









FOOTLOCKER: Be sure your trunk is not more than 15 ½ inches high so it will fit under your bed. You may also use duffel bags or plastic boxes or a suitcase if you prefer.

RIVER SHOES: River Shoes need to be old tie-on or buckle-on shoes which you do not mind wearing in the river. Chaco and Teva sandals are also acceptable if they fit snugly enough not to come off in the river. Flip-flops and Crocs are NOT good river shoes.

BEDWETTING: All camps with 7 – 12 year old children realize this possibility. Our staff is trained to deal with this situation. If you anticipate this please bring a plastic sheet and extra linens. If it is a regular occurrence you may leave a laundry fee. Please tell your camper to ask their counselor for assistance in discreetly changing their linens if the need arises.

CUP AND PLATE: The Cup and Plate should be washable and are used for outdoor picnics. The bandanna is used as a napkin for outdoor meals. Please do not bring paper products as this defeats the purpose of the lessons of environmental awareness and taking care of essential equipment.

RACQUETS, FISHING, & HELMETS: Camp has tennis racquets, fishing poles, and riding helmets but you are welcome to bring your own (with your name on it) if you prefer.

- WHITE SHIRT AND SHORTS: The white shirt and white shorts on the what-to-bring list are for the final evening banquet. Light khaki shorts or pants are also acceptable attire for the banquet.
- **MEDICATIONS:** All medications, in original containers, must be turned in to the camp medical staff upon arrival. No medications, other than asthma inhalers, may be kept in the cabin.
- NO PACKAGES: Campers may only receive letters. Please share this information with grandparents as well. Letters may be left at camp on Sunday for delivery during the week.

MAIL: Your camper's mailing address at camp is:

Camper's name 125 Strong River Camp Drive Pinola, MS 39149



Strong River Camp and Farm – 125 Strong River Camp Drive – Pinola, MS 39149 – Telephone 601.847.4400